

# Thank you for interest to participate in the 6-month Shamanic Kinesiology® Teaching & Mentorship Program

#### 'Balancing the Spirit of Kinesiology Within'

#### **How it works:**

#### Opening Group Ceremony

We will come together in person as a group and officially open the program with a sacred Plant Spirit ceremony. We will be working within the unity consciousness White Dragon Lineage template and Shamanic Energy Training medicine wheel template to set our personal intentions for the program and as a collective.

Working within a multi-dimensional template is very powerful as we gather in unity consciousness.

This ceremony will run for approximately 3-4 hours.

#### •Each month for 6 months we will focus on one module.

Within each month there will be:

- 1 Teaching call 2 hours
- 2 Mentoring / Q&A call 1.5-2 hours

These calls will be held on a Wednesday night to begin around 6.30pm-7pm.

All of the teaching and Q&A calls will be held within a powerful multi-dimensional medicine wheel and recorded so that you can keep them forever

#### Closing Group Ceremony

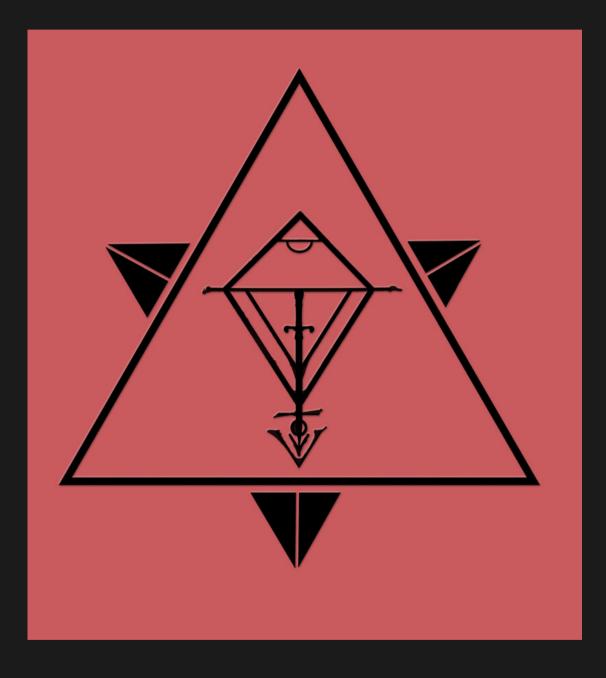
At the conclusion of the 6 months, we will come together again as a group for a sacred Plant Spirit Ceremony to officially close the training and to set our intentions moving forward.

This ceremony will run for approximately 3-4 hours.

#### Facebook private support group

A private group will be set up where everyone can connect with each other.

At any time (except weekends) you can reach out to your fellow group members and share how you are going week to week and support one and other. I will be connecting and checking in with the group throughout the weeks and posting relevant information and videos. I will also be regularly checking in with the group as a collective and doing a group kinesiology balance when needed.



You will be held in the sacred energetic and powerful group container for the 6 months beginning from the opening ceremony.

Group work is very different to holding 1:1 space, it is powerful to journey as a group of souls.

Friendships and connections are made and profound shifts take place when likeminded souls come together for the same purpose and unity consciousness is created.

We will be working on a multi-dimensional level throughout the entire program which means that the effects and benefits of the training will continue to have effect for months and beyond after completion of the training.

It is a combination and alchemy of ancient spirituality with modern up to date Kinesiology testing and corrective

practices.

#### As your teacher and mentor, I commit to:

- Creating an honest, open, respectful and collaborative relationship with you.
- Providing a safe and supportive environment which enables you to explore and expand all of your strengths and capabilities.
- Respecting your confidentiality.
- · Giving you input, honest feedback and operate as a sounding board
- Sharing my extensive experience, knowledge, mistakes, and all the lessons I have learnt along the way.

#### Your investment:

Your investment for the 6-month Training and Mentoring program is \$3,990 which also includes the opening and closing Plant Spirit Ceremonies.

- A deposit of \$665.00 is required upon enrolment to confirm and secure your place.
- 5 monthly payments of \$665.00 are due on the 1st of every month.

There are only a limited number of places available for this program to ensure the integrity and focus of the training and mentoring that I am able to give to all of the participants individually and to the group.

Each of the following six modules have been created and designed for you to easily implement into how you currently work and facilitate in clinic with your clients.

# What you will learn

Each individual Teaching Module is approximately 30-40 pages of content including specific working facilitation protocols which you will receive every month. These modules have up levelled the way in which my previous group now works in clinic.

#### **Geranium Class:**

#### **Systems and Pathology.**

How to test for the different systems of the body and how to correct them.

This is an important aspect of my Kinesiology business and it will enable you to offer your clients the next level of Kinesiology skills.

This class will take your practice to a new level of mastery.

There are currently 36 systems that I will show you how to facilitate.

Pathology testing includes Virus, Bacteria, Mould, Fungus, Spores, Toxins, Poisons and many more as well as all of the corrections and remedies.

#### Melissa Class:

# Advanced Techniques, Finger modes, Procedures and Formatting.

This class is where I will show you how to piece everything together and work on a deeper level to really access the root cause of what is going on with the client.

This class will change the way you work as a practitioner as you learn how to facilitate sessions as an advanced practitioner.

It replaces the 'find and fix' model of working in practice.

This module also included advanced finger modes / techniques and easy to follow protocols.

#### **Mandarin Class:**

# Schema therapy, Shadow work and Belief systems

We look at what drives the sub conscious programming and patterns that are operating 95% of the time in our lives.

Schemas are enduring negative patterns that develop during childhood/adolescence and influence how we interact and view the world. Abandonment, instability, mistrust, abuse, emotional deprivation, defectiveness and shame are all examples of schemas.

This module also contains over 200 archetypes / shadow aspects and we also look at core belief systems, tribal beliefs ad learned beliefs

#### **Fragonia Class:**

#### **Pendulum Dowsing**

This module is facilitated by Sharon Bolt, Master facilitator of the Shamanic Magickal Arts and Sacred Space Holding.

I am so excited to have Sharon join in the training this year and it is an incredible opportunity to learn how to use the pendulum within a Kinesiology session to facilitate powerful clearings, shifts and downloads.

This is not your average pendulum dowsing workshop, you will learn how to download the spirit of a flower essence for example into the bottle so that the spirit of the flower also works with the client as well as its healing properties

# What you will learn + Bonus module

#### **Cypress Class:**

Clearing Vows, Revocations, Karmic contracts & Past life clearings.

We all carry emotional burdens, each lifetime we pick up the threads and continue the pattern of what is familiar.

Deep subconscious memories influence our experience, past life clearing is an opportunity to permanently dissolve negative patterns rooted in the past.

To heal old emotions can change your whole perspective and empower your true destiny.

#### **Cypress White Class:**

#### **Magickal Body Care**

Protection rituals, psychic drains, care of your energetic magickal body and space, creating personal altars and much more.

This is the class you don't want to miss!

I see a lot of Kinesiology practitioners burn out early in their career and not just one time, myself included.

It is really important that you know how to look after your energy when you are working with an energetic modality.

#### **BONUS Module: Spirit Journey's**

This workshop will be facilitated by Shamanic Energy Training and will teach you how to safely interact with the Spirit world.

This workshop provides a universal framework with lots of practice to learn how to Journey with the Drum. Drum Journeys require the belief that the natural world has two aspects: ordinary everyday awareness, formed by our habitual behaviours, patterns of belief, social norms, and cultural conditioning; and a second non-ordinary awareness accessed through altered states, or ecstatic trance, induced by shamanic practices like drumming.

This altered state is called a shamanic journey, and it allows the journeyer to view life and life's problems from a detached, spiritual perspective, not easily achieved in a state of ordinary awareness.

Shamanic journeying is a way of communicating with your inner or spirit self and retrieving information. Your inner self is in constant communication with all aspects of your environment, seen and unseen. You need only journey within to find answers to your questions.

In this fun and informative workshop you will learn how to safely journey through spirit realms with the medicine of the Shamanic Drum. You will receive journey tips and techniques from various traditions and perspectives. These are invaluable and necessary tools for any work you engage with in other realms and will give you the foundational knowledge to allow deeper and safer work. You will be shown various ways of moving through the realms.



BIANCA JEWELL
Principal - The School of
Elemental Kinesiology
and
Owner of Shamanic
Kinesiology®

I am the owner and principal of The School of Elemental Kinesiology, an affiliate school of the International College of Professional Kinesiology Practice and owner of Shamanic Kinesiology®.

I have been a Kinesiology practitioner for 15 years and a Senior International Faculty Instructor for 11 years teaching the 4 year Post Graduate Diploma in Kinesiopractic®

I am an accredited Clinic Supervisor with the AKA and a registered mentor with the AKA and AIK.

I have a 4-year advanced & specialised Kinesiology degree and have never stopped learning with further advanced training in Total Body Modification (TBM), Glands & Hormones, Quantum Neurology and Eating & Nutrition Psychology.

I also have certificates in Training & Assessment and Bookkeeping and have established and now operate a successful kinesiology business that incorporates 1:1 sessions, teaching, mentoring, shamanic kinesiology 1:1 sessions, shamanic clearings, soul constellations as well as ritual and ceremonies.

For the last 6 years I have undergone extensive and intensive training, mentoring and initiations with Shamanic Energy Training and am a certified Shamanic Magician with The White Dragon Lineage.

The accredited training, dedicated supervision and mentorship that I have received ensures that I am well equipped to safely guide individuals and groups during their encounters with their true selves and the spirit world. Facilitating Spirit Work within a Shamanic Energy Training template will allow you to connect with the Spirit of Kinesiology within.

Teaching and mentoring others is my passion and I want to help you reach your full potential as a practitioner. As a specialized Kinesiology teacher, master Kinesiology practitioner, Nutrition Psychology coach and Shamanic Magician, I want to share and impart my advanced knowledge and skills that I have defined and mastered over the last 15 years by helping you become a leading and progressive

Kinesiology practitioner.

This is a unique opportunity to learn directly with me in a small and intimate group as well as connect with other likeminded Kinesiology practitioners.

I am looking forward to working with you as your teacher and mentor and assisting you in harnessing your talents and your abilities, to help you step up into being a successful kinesiology practitioner and have more of what you want in your business and as a practitioner.



### Shamanism / Shamanic

#### Please note:

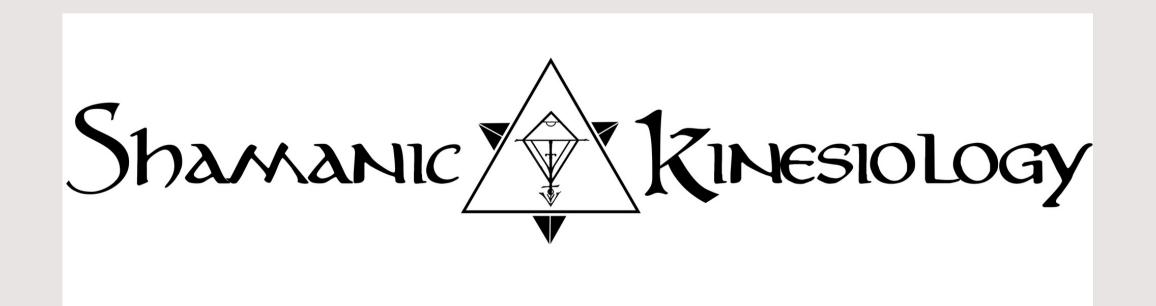
Throughout the 6 months you are being mentored by a Shamanic Magician and Spirit Weaver (me!), so the mentoring will be 'spirited' and 'interdimensional' but does not mean that you will be a Shamanic Kinesiologist or a Shamanic Practitioner at the end of this program.

Shamanic Kinesiology is my registered and trademarked business name. I have received permission to use this term for my teaching business as well as the term 'Shamanic Kinesiolgist' because of the extensive training and ongoing initiations that I have undertaken with Shamanic Energy Training and The White Dragon Lineage.

The opening and closing ceremonies are for you to fully participate IN, they are not part of the training.

The word shamanism *l* shamanic has its own energy and power and is normally connected to lineages. I have been initiated as a Shamanic Magician into the White Dragon Lineage after 6 years of intensive and extensive training. Every school tells you to master the shamanic arts for at least 10 years first before you use it to initiate others into this path. This training program is not an initiation into the shamanic arts.

The 6-month training and mentoring program will be conducted within the Shamanic Energy Training template that I have learnt and have permission to facilitate, this template is incredibly powerful. The ceremonies, teaching calls and Q&A calls will all be held within this spiritual structure and framework.



# Dates of Opening & Closing Ceremonies, Teaching and Q & A calls

#### **Opening Ceremony - Saturday 10th June**

#### Module 1:

Teaching - Wednesday 14th June Q & A - Wednesday 28th June

#### Module 2:

Teaching - Wednesday 26th July Q & A - Wednesday 2nd August

#### Module 3:

Teaching - Wednesday 16th August Q & A - Wednesday 23rd August

#### Module 4:

Teaching - Wednesday 13th September Q & A - Wednesday 4th October

#### Module 5:

Teaching - Wednesday 25th October Q & A - Wednesday 8th November

#### Module 6:

Teaching - Wednesday 6th December Q & A - Wednesday 13th December

**Closing Ceremony - Saturday 16th December** 

Please note that dates are subject to change.

The pendulum dowsing module and spirt journey's is facilitated by Sharon Bolt from Shamanic Energy Training and The Temple of Shamanic Magick and the dates will be subject to her availability.

If you are from interstate and cannot physically attend the opening and closing ceremonies you will still be a part of them as with your permission given i will call your energy into the ceremony and the energetic container.

I will also have your intentions for this program placed on the ceremonial altar.

All teaching and Q & A calls are facilitated on zoom and will be recorded. This means that you get to keep the recordings of all the calls forever and can access the training anytime in the future.

# Mentoring Reflections

It has taken me a few months to digest and appreciate the expansion and development experienced whilst participating in the Shamanic Mentorship with Bianca. I knew I was meant to be a part of the group in 2021, but was unsure exactly why and how this would enhance my work, Kinesiology practice and indeed, my life.

The learning and support experienced throughout the six months has changed my practice. There has been a fundamental change in the depth of my work, the space I am able to hold and the volume of energy work I am able to facilitate. The Shamanic Mentorship both deepened my skillset and enhanced my work practices to allow me to evolve my offerings, expand my business and continue to provide support for others.

Equally, throughout my time in the Shamanic Mentorship Program, and the ensuing months, I have witnessed shifts in life, long term goals and projects and how I interface with the experience of being on Earth.

Bianca's expertise, her continued support and care and her capacity for holding a space for learning and development creates an experience which challenges, expands and supports its participants personally, professionally and spiritually. It is a profound opportunity for evolutionary growth I can only highly recommend to anyone who feels called to join her in future Shamanic Mentorship Programs.

Thank you so much for your amazing 6-month Mentorship. Thank you for the fantastic Kinesiology knowledge you shared with us, for sharing the tips you have discovered throughout your many years as a Kinesiologist and most importantly for creating a safe space for us to meet like-minded people and to feel safe during the year of craziness that has been.

I had no idea what the shamanic world was about and was a little hesitant about it, but I can now say that it was amazing. The energy that each of our sessions was held in really helped me to see what I needed to work on and allowed me the feeling of support to do so.

I signed up to this Mentorship because I wanted to learn more Kinesiology. Little did I know that I would soon be in a supportive group of women who would help me to feel heard and accepted. The zoom calls were always something I looked forward to as they gave me such motivation to learn and absorb as much knowledge as I could. Bianca's depth of knowledge just amazes me and I was so honoured to learn from her. You can truly see the love she has for teaching and her ability to hold space for each and every one of us. I feel so grateful for the journey that has been and for the new friends I have made.

Thank you so much Bianca, I definitely recommend this mentorship to anyone who wants to grow, learn and expand on their own journey. This mentorship certainly gave me the opportunity to do so.

# Mentoring Reflections

Bianca, you are such a deeply kind and loving teacher, who shared with us a wide range of tools and wisdom that will help us in our practice and journeying through life with a beautiful balance of spiritual exploration and practicality. You always go a mile deep in what you offer and are so generous with your knowledge and findings.

Your guidance is strengthened by an amazing spirit team and wisdom lineage which you graceful connect with that feels like a background ocean further supporting us. I felt so unconditionally held within the container. I have also gotten a huge wakeup call as to what I would like to work on moving forward.

The last 6 months have brought up so many shadows and I do wish I had utilised the group more to help me move through these aspects. However, I am deeply grateful that I chose this group and as I regain my energy, look forward to future interactions!

Thank you also to all the beautiful spirits, energies and ancestors who co facilitated these teachings. Blessings to you all across all time and space xx

*Lucy 2021* 

There are not enough words to express the deep gratitude I have for the learning, growth and transformation I've experienced over the past 6 months during the mentorship with Bianca.

Both personally and professionally I have grown in ways I did not expect or realise was possible. The level of support I received from both Bianca and the group was incredible and far beyond what I imagined. To be held in such a beautiful, strong and authentic container was such a privilege to be a part of, and really laid the foundation for so much expansion and growth in all areas of my life.

Bianca, thank-you for holding such a strong and safe container where I felt truly heard, nurtured and supported. Your ability to teach, mentor and hold space is really phenomenal and I thank you from the bottom of my heart. There is no monetary value that can be placed on what I have gained from this experience.

Lesley- Ann 2021

# Mentoring Reflections

I have had the privilege of being both a student and a client of Bianca's through my Kinesiology journey and most recently her 6 month Shamanic Kinesiology training and mentoring program. What I have learnt in these last few months has been above and beyond the years of education preceding to this and far exceeded any expectations I had.

Bianca gives so much of her knowledge and her own personal experience and every session/class I leave feeling empowered with knowledge in a way that I can integrate and apply to my own personal journey.

I highly recommend Bianca as a teacher and practitioner no matter what stage of the journey you are at.

I have been blown away with not only how much of your work you have shared but it will continue to change the way I work in a way that is much more integrated.

You have a phenomenal ability to integrate the masculine and feminine aspects of your work and teachings in a way that most people can't. There is a beautiful balance in your work in the honouring of the trinity of body, mind and spirit where each are acknowledged and valued as equal.

Katie 2020

I loved absolutely everything about The Shamanic Kinesiology Mentorship as it has provided me with the additional Kinesiology skillset I had been wanting since completing my most recent studies.

I now feel confident and capable in working with clients in more complex areas such as hormones, glands, systems and pathology. What I wasn't expecting was the beautiful community of likeminded women it connected me to, which became abundantly clear at the first ceremony.

I realised how much I really desired to connect with other Kinesiologists, especially in later months with the uncertainty and instability that 2020 has been. The group has not only been a safe place to express myself freely and feel energetically held and supported, but an opportunity to really explore and step into my feminine power both professionally and personally

. All of this is amazing-ness is due to Bianca's incredible knowledge and wisdom and her ability to hold space, whilst delivering an incredible program.

Thank you so much, I am so very grateful.

Heidi 2020

#### **Next step**

If this program resonates with you and you would like to apply, please complete the application form on the website for review and processing.

If there are any aspects of your application that Bianca may need to discuss with you, then she will email you and arrange a suitable time to have an informal discussion.

Bianca will notify you of the outcome of your application within 1-2 days.

If you have any questions, queries or concerns in regards to any aspect of this mentoring program please feel free to reach out and contact Bianca either by email or phone.

If your application is successful, Bianca will then send you a link for payment (either in full or a deposit to secure your place in the program).



### Contact Details:

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