



International Certificate in Professional Kinesiology Practice
2024-2025 Week-end Class Dates

Unit	Unit Title PKP Level 1 – Foundational Principles	Class Dates	
		Saturday	Sunday
BKP 101	Energisers and self-care	15 th Jun	16 th Jun
BKP 102	Proficient Manual muscle testing	13 th July	14 th July
BKP 103	Introduction to the Law of 5 elements	10 th Aug	11 th Aug
BKP 104	The Body’s Superficial Energy Connections	7 th Sept	8 th Sept
BKP 105	The Law of 5 Elements in Depth	5 th Oct	6 th Oct
BKP 106	Balancing Protocol with ICPKP Database	9 th Nov	10 th Nov
BKP 107	Pain Reduction	7 th Dec	8 th Dec
BKP 108	Balancing with Food & Food sensitivities	8 th Feb	9 th Feb
BKP 109	Advanced muscle techniques, Reactivity	15 th Mar	16 th Mar
BKP 110	Functioning as a Practitioner	5 th Apr	6 th Apr
RBT 201	Clinical Body Contact, Palpation and Draping	Online	
EMS 201	Mastery of Emotional Stress Release	3 rd May	4 th May
	BKP End of series practical test	Saturday 17th May 2025	

Home study and external units

Anatomy & Physiology 1 (Home study)

First Aid & Resuscitation (Taken with an external provider)

Upon completion of the above units as well as competency in clinical work and personal experience with a registered PKP practitioner, which is required to ensure adequate skill and mastery to succeed in full time practice, you will achieve - PKP® Practitioner Certification – Kinesiopractic® Level 1

